





Reception learning from home









Dear parents/carers,

These activities are designed to keep children busy and enjoying learning, while providing flexibility for parents.

We realise that the family will need to share laptops or mobiles so only plan to do what you can. Everyone's homes are different so the activities we suggest are just a guide to help. We recognise that parents may be working, caring for sick family members or looking after little ones so choosing activities is up to you. We do not expect parents to be teachers and we are not going to be checking up to see how much work has been done!

The activities guide you and your child to be able to learn together or on their own.

8 June — 12 June 2020	Morning		Afternoon
	Every morning Activities	Activity of the Day	Activities
Monday	<ul style="list-style-type: none"> There are 3 activities suggested for the start of every day. The 3 activities are the same every day for this week Practising and repeating daily, helps with routines and helps you to remember learning. 	<ul style="list-style-type: none"> There is 1 daily activity suggested. The daily activity is different every day. 	<ul style="list-style-type: none"> Choose any activities from the suggestions below.
	<p>Warm Up</p> <ul style="list-style-type: none"> Daily half-hour PE/fitness session with Joe Wicks. Live at 9 am every day but can be watched at any time. Click here Or you can hold yourself up using your arms like this. How long can you stay up for? Ask an adult to time you. 	<p>Monday Activity – Jasper's Beanstalk</p> <p>In this story, Jasper plants a bean. It grows into a beanstalk. Draw a very tall beanstalk and write a sentence about it.</p>   <p>The beanstalk is tall. It has green leaves on it.</p>	<p>Oak National Academy</p>  <p>Choose English, then find the English lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!</p> 

Tuesday	<div>Activity 1 – Phonics</div> <div>Click here for phonics lessons</div> <div><div>Read Write Inc. Phonics</div></div> <table><tr><td>Set 1 sounds</td><td></td></tr><tr><td>Speed sounds</td><td>9.30</td></tr><tr><td>Word reading</td><td>9.45</td></tr><tr><td>Spelling</td><td>10.00</td></tr><tr><td>Set 2 sounds</td><td></td></tr><tr><td>Speed sounds and word reading</td><td>10.00</td></tr><tr><td>Spelling</td><td>10.15</td></tr><tr><td>Set 3 sounds</td><td></td></tr><tr><td>Speed sounds and word reading</td><td>10.30</td></tr><tr><td>Spelling</td><td>10.45</td></tr></table> <div>The sessions will run at these times but will be saved on you tube for 24 hours so you can join in at any time</div> <div><ul style="list-style-type: none">Practise reading and writing these sounds.Can you use them to write these words? <u>shop, bang, bank, zip, red, blink, flop.</u> Now write them in a sentence.</div> <div><div><div>Speed Sounds Set 1</div><table><tr><td>m</td><td>a</td><td>s</td><td>d</td><td>t</td></tr><tr><td>i</td><td>n</td><td>p</td><td>g</td><td>o</td></tr><tr><td>c</td><td>k</td><td>u</td><td>b</td><td>f</td></tr><tr><td>e</td><td>l</td><td>h</td><td>sh</td><td>r</td></tr><tr><td>j</td><td>v</td><td>y</td><td>w</td><td>th</td></tr><tr><td>z</td><td>ch</td><td>qu</td><td>x</td><td>ng</td></tr><tr><td></td><td></td><td></td><td>nk</td><td></td></tr></table></div><div><div>Speed Sounds Set 2</div><div><div>ay</div></div><div><div>Practise reading</div><div>play day</div><div>may way</div><div>say spray</div></div></div></div>	Set 1 sounds		Speed sounds	9.30	Word reading	9.45	Spelling	10.00	Set 2 sounds		Speed sounds and word reading	10.00	Spelling	10.15	Set 3 sounds		Speed sounds and word reading	10.30	Spelling	10.45	m	a	s	d	t	i	n	p	g	o	c	k	u	b	f	e	l	h	sh	r	j	v	y	w	th	z	ch	qu	x	ng				nk		<div>Tuesday Activity – Art</div> <div>Imagine that you climbed to the top of a beanstalk. What can you see? Draw an imaginary world. It might have castles and giants, unicorns and fairies. Use pencils or paint to create an imaginary place.</div> <div></div>	<div>Oak National Academy</div> <div></div> <div>Choose Foundation and find the foundation lesson for the day.</div> <div></div>
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Wednesday	<div>Wednesday Activity – PE: Jumping Beans</div> <div>Play in a pair or a group. One person takes it in turns to call instructions. The other players have to make the right shapes or actions.</div> <table><tr><td>Instructions</td><td>Actions</td></tr><tr><td>Jumping bean</td><td>Jump on the spot</td></tr><tr><td>Runner bean</td><td>Run on the spot</td></tr><tr><td>Baked bean</td><td>Curl up in a ball</td></tr><tr><td>Jelly bean</td><td>Wobble like jelly</td></tr><tr><td>Broad bean</td><td>Stretch arms out wide</td></tr><tr><td>Beanstalk</td><td>Pretend to climb a beanstalk</td></tr></table>	Instructions	Actions	Jumping bean	Jump on the spot	Runner bean	Run on the spot	Baked bean	Curl up in a ball	Jelly bean	Wobble like jelly	Broad bean	Stretch arms out wide	Beanstalk	Pretend to climb a beanstalk	<div>Bitesize Daily</div> <div>BBC iPlayer and the Red Button are hosting daily lessons. You may be able to do these on a device or on a television.</div> <div></div> <div>You can also do other lessons across lots of subjects here</div> <div>LGfL - Click here</div> <div>Here you can find lots of resources such as purple mash, espresso, busy things</div> <div>This video shows you how to log in.</div> <div></div>																																										
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Thursday

Activity 2 - Reading

- Choose a book to read.
- This could be one from home
- Or online on [Oxford Owl](#).



- Or you could re read some of the 'Ditties' you read at school
[Click here to read the 'Ditty Stories'](#)



- You can read by yourself or you can read to an adult.

Friday

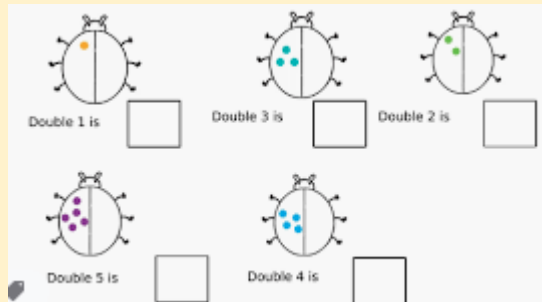
Activity 3 – Maths



[Oak National Academy](#)

Choose [Maths](#) , then find the maths lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!

Or you can practise your doubles and halves to 10

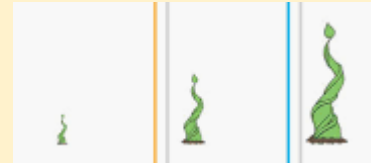


Thursday Activity – Maths

Make 3 different beanstalks.

Each one should be a different height.

Put the in order from the shortest to the tallest.



You can use lego, building bricks or any other resource to make your beanstalks.

Friday Activity –Picture this



Look at this picture and talk about it.

1. Who are the characters
2. What do you think their names are?
3. Where could they be?
4. What might they be thinking and saying?
5. What do they have with them?
6. Do you think they are friends? Why? Why not?

Listen to a story and join in with the games

[Click here to choose a story](#)

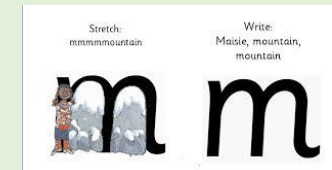


Story time Watch a range of famous authors read stories

[Click here to choose a story](#)

Speed Sounds

[Click here to practise your speed sounds and handwriting](#)



[Click here for speedy green words](#)



Wellbeing – Keeping our mind and body healthy

[Click here](#) to explore the 'calm zone'. Try some of the breathing exercises, activities, games and videos

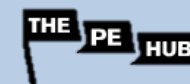


[Click here](#) to find out tips to help with being in lockdown and what to do if you are worried.

[Click here](#) for Super Movers – Curriculum linked resources to get moving while you learn.



[Click here](#) to explore the PE Hub. It is full of lots of simple activities and exercise that you can do at home.



[Click here](#) for Cosmic Kids Yoga. Join in with free yoga and mindfulness videos for children.



[Click here](#) to visit the Change 4 Life website and join in with their fun Disney-themed '10 minute shake up' games!



from **change4life** with **Disney**