# Year 1 Learning from home



Dear parents/carers,

These activities are designed to keep children busy and enjoying learning, while providing flexibility for parents.

We realise that the family will need to share laptops or mobiles so only plan to do what you can. Everyone's homes are different so the activities we suggest are just a guide to help. We recognise that parents may be working, caring for sick family members or looking after little ones so choosing activities is up to you. We do not expect parents to be teachers and we are not going to be checking up to see how much work has been done!

The activities guide you and your child to be able to learn together or on their own.

	Morning		Afternoon
8 June - 12 June 2020	<ul> <li>Every morning Activities</li> <li>There are 3 activities suggested for the start of every day.</li> <li>The 3 activities are the same every day for this week</li> <li>Practising and repeating daily, helps with routines and helps you to remember learning.</li> </ul>	Activity of the Day  There is 1 daily activity suggested.  The daily activity is different every day.	Activities     Choose any activities from the suggestions below.
Monday	Warm Up  Daily half-hour PE/fitness session with Joe Wicks. Live at 9 am every day but can be watched at any time. Click here  Or you can hold yourself up using your arms like this. How long can you stay up for? Ask an adult to time you.	Monday Activity – Writing The Snail and the Whale  Write a list of phrases to describe the whale and the sea. For example:  Blue sea Wavy water Big blue whale Enormous flipper Put them together to make some sentences. For example: The big blue whale swam in the wavy sea. His enormous flipper splashed in the blue sea.	Oak National Academy  Choose English, then find the English lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!

## Activity 1 – Phonics

**Tuesday** 

Wednesday

Click here for phonics lessons	Time (am)
Read Write Inc. Phonics	
Set 1 sounds	
Speed sounds	9.30
Word reading	9.45
Spelling	10.00
Set 2 sounds	
Speed sounds and word reading	10.00
Spelling	10.15
Set 3 sounds	
Speed sounds and word reading	10.30
Spelling	10.45

The sessions will run at these times but will be saved on you tube for 24 hours so you can join in at any time

- Practise reading and writing these sounds.
- Can you use them to write these words?

Care, share, team, twirl, game, flight



Write the words in a sentence.



#### **Tuesday Activity - Science**

Find out some facts about snails and whales. What is the same about them? What is different about them?



Write down what you have learnt.

#### Wednesday Activity - Picture this

Look at this picture. Imagine you are there!





#### Think and talk about:

- Where could it be?
- Who might go there?
- What can you hear there? What can you see?

#### Oak National Academy





**Choose Foundation** 

and find the foundation lesson for the day.

#### **Bitesize Daily**

BBC iPlayer and the Red Button are hosting daily lessons.



You may be able to do these on a device or on a television.

You can also do other lessons across lots of subjects here

#### LGfL - Click here

Here you can find lots of resources such as purple mash, espresso, busy things



This video shows you how to log in.

**Listen to a story** and join in with the games

Click here to choose a story



**Story time** Watch a range of famous authors read stories Click here to choose a story



#### Activity 2 - Reading

- · Choose a book to read.
- This could be one from home



- Or online on Oxford Owl.
- You can read by yourself or you can read to an adult.

# **Thursday**

**Friday** 

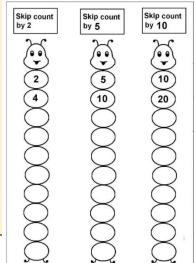
Activity 3 - Maths



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Choose Maths, then find the maths lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!

Or you can counting in 2s, 5s and 10s



- What does the water and sand feel like on your feet?
- What is the weather like?
- Would you like to go there? Why? Why not?

Computing - Do some coding with the Camden Learning Centre Click here



Complete the activities which have been set on mathletics



#### Thursday Activity - Art

In 'The Snail and the Whale' the whale gets stuck on the beach.



Make your own beach picture. You can use any materials. Make it as bright and as colourful as you can.

## Friday Activity – Maths

Use these cards to make 2 digit numbers. Then find one more and record the numbers below.

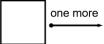












How many 2-digit numbers can you make?

## **Speed Sounds and words**

Click here for Y1 Speed sounds



Click here for speedy green words

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Geography



Login to
Oddizzi and learn about different places

Click here for Oddizzi

### Wellbeing - Keeping our mind and body healthy

Click here to explore the 'calm zone'. Try some of the breathing exercises, activities, games and videos



<u>Click here</u> to find out tips to help with being in lockdown and what to do if you are worried.

<u>Click here</u> for Super Movers – Curriculum linked resources to get moving while you learn.



<u>Click here</u> to explore the PE Hub. It is full of lots of simple activities and exercise that you can do at home.



Click here for Cosmic Kids Yoga. Join in with free yoga and mindfulness videos for children.



<u>Click here</u> to visit the Change 4 Life website and join in with their fun Disney-themed '10 minute shake up' games!



