





Year 1 Learning from home



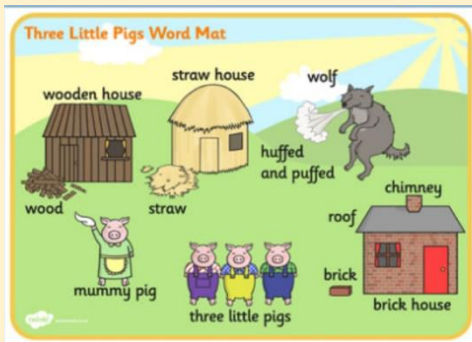







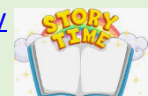

Dear parents/carers,

These activities are designed to keep children busy and enjoying learning, while providing flexibility for parents.

We realise that the family will need to share laptops or mobiles so only plan to do what you can. Everyone's homes are different so the activities we suggest are just a guide to help. We recognise that parents may be working, caring for sick family members or looking after little ones so choosing activities is up to you. We do not expect parents to be teachers and we are not going to be checking up to see how much work has been done!

The activities guide you and your child to be able to learn together or on their own.

1 June – 5 June 2020	Morning		Afternoon
	Every morning Activities	Activity of the Day	Activities
	<ul style="list-style-type: none"> There are 3 activities suggested for the start of every day. The 3 activities are the same every day for this week Practising and repeating daily, helps with routines and helps you to remember learning. 	<ul style="list-style-type: none"> There is 1 daily activity suggested. The daily activity is different every day. 	<ul style="list-style-type: none"> Choose any activities from the suggestions below.
Monday	<p>Warm Up</p> <ul style="list-style-type: none"> Daily half-hour PE/fitness session with Joe Wicks. Live at 9 am every day but can be watched at any time. Click here Or you can do these stretches. Challenge yourself to see if you can do all of them. 	<p>Monday Activity – Science</p> <p>Think about a garden or park that you have been to. It can be your own garden, Grange Park, Maygrove Peace Park, our Science Garden or somewhere else.</p> <p>Think about the plants that grow there and what animals live there. Draw a picture to show all of these living things.</p> 	<p>Oak National Academy</p>  <p>Choose English, then find the English lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!</p> 

Tuesday	Activity 1 – Phonics <div>Click here for phonics lessons</div> <div></div> <table><tr><td>Set 1 sounds</td><td></td></tr><tr><td>Speed sounds</td><td>9.30</td></tr><tr><td>Word reading</td><td>9.45</td></tr><tr><td>Spelling</td><td>10.00</td></tr><tr><td>Set 2 sounds</td><td></td></tr><tr><td>Speed sounds and word reading</td><td>10.00</td></tr><tr><td>Spelling</td><td>10.15</td></tr><tr><td>Set 3 sounds</td><td></td></tr><tr><td>Speed sounds and word reading</td><td>10.30</td></tr><tr><td>Spelling</td><td>10.45</td></tr></table> <p><i>The sessions will run at these times but will be saved on you tube for 24 hours so you can join in at any time</i></p>	Set 1 sounds		Speed sounds	9.30	Word reading	9.45	Spelling	10.00	Set 2 sounds		Speed sounds and word reading	10.00	Spelling	10.15	Set 3 sounds		Speed sounds and word reading	10.30	Spelling	10.45	Tuesday Activity – Writing The 3 Little Pigs  Write the story of the 3 Little Pigs. Remember your capital letters and full stops. 	Oak National Academy   Choose Foundation and find the foundation lesson for the day. Bitesize Daily BBC iPlayer and the Red Button are hosting daily lessons. You may be able to do these on a device or on a television.  You can also do other lessons across lots of subjects here
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Wednesday	<ul style="list-style-type: none">Practise reading and writing these sounds.Can you use them to write these words? <u>daydream, slight, looking, cone, games, shouting, farmer, first</u> <div></div> <p>Write the words in a sentence.</p>	Wednesday Activity – Babble Gabble  Talk for one minute about one of the categories below. Your challenge is to keep talking until the timer stops.  <table><tr><td>Computer games</td><td>Cars</td><td>Flowers</td></tr><tr><td>Snakes</td><td>Countries</td><td>Fruits</td></tr><tr><td>Shoes</td><td>Trains</td><td>Sweets</td></tr></table>	Computer games	Cars	Flowers	Snakes	Countries	Fruits	Shoes	Trains	Sweets	LGfL - Click here Here you can find lots of resources such as purple mash, espresso, busy things This video shows you how to log in.  Listen to a story and join in with the games Click here to choose a story  											
Computer games	Cars	Flowers																					
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Thursday

Activity 2 - Reading

- Choose a book to read.
- This could be one from home
- Or online on [Oxford Owl](https://www.oxfordowl.co.uk/).



- You can read by yourself or you can read to an adult.

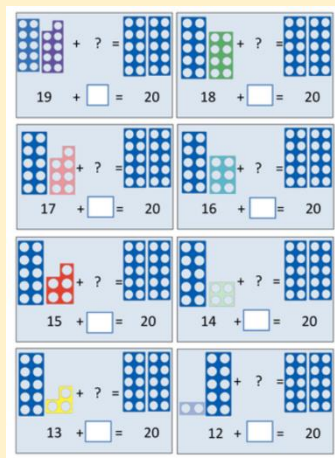
Activity 3 – Maths



[Oak National Academy](https://www.oaknationalacademy.com/)

Choose [Maths](#), then find the maths lesson for the day. Click on the lesson title and then click 'Start lesson'. You can pause and re-watch the video as many times as you need to help you understand!

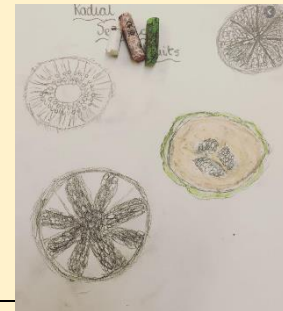
Or you can practise pairs of numbers that add up to 20



Friday

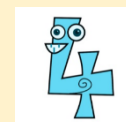
Thursday Activity – Art

Take a vegetable or a piece of fruit. Look at it very carefully and then have a go at drawing it. Ask your grown up to help you cut it in half so you can draw the inside too. You can use pencil, coloured pencils or paint.



Friday Activity – Maths

Pick a pair



Choose from these numbers.

- Pick a pair of numbers. Add them together. Write the numbers and the answer.

Pick a different pair of numbers. Write down the numbers and the answer.

Keep doing it. How many different answers did you get?

- Now take one number away from the other. How many different answers can you get now?

Story time Watch a range of famous authors read stories
[Click here to choose a story](#)

Computing - Do some coding with the Camden Learning Centre
[Click here](#)



Complete the activities which have been set on [mathletics](#)



Speed Sounds and words
[Click here for Y1 Speed sounds](#)

[Click here for speedy green word reading](#)



[Click here for Yellow book words](#)



Geography
Login to Oddizzi and learn about different places
[Click here for Oddizzi](#)



Wellbeing – Keeping our mind and body healthy

[Click here](#) to explore the 'calm zone'. Try some of the breathing exercises, activities, games and videos



[Click here](#) to find out tips to help with being in lockdown and what to do if you are worried.

[Click here](#) for Super Movers – Curriculum linked resources to get moving while you learn.



[Click here](#) to explore the PE Hub. It is full of lots of simple activities and exercise that you can do at home.



[Click here](#) for Cosmic Kids Yoga. Join in with free yoga and mindfulness videos for children.



[Click here](#) to visit the Change 4 Life website and join in with their fun Disney-themed '10 minute shake up' games!



from **change4life** with **Disney**