

Kingsgate Primary School PE Curriculum Map 2016-17

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p><b>Fit to learn/Fundamentals</b> (30 mins per week) Becoming aware, explore and discover</p> <p><b>Games</b> Locomotion&amp; stop/start activities. Games involving using space.</p>	<p><b>Conditioning phrases for gymnastics and floor work</b> (30 mins per week)</p> <p><b>Gymnastics – Apparatus</b> Focus: Simple movements and using apparatus</p>	<p><b>Fit to learn/Fundamentals</b> (30 mins per week) Becoming aware, explore and discover</p> <p><b>Dance</b> Handa’s Surprise</p>	<p><b>Dance</b> (30 mins per week)</p> <p><b>Gymnastics</b> Focus : Simple movements developing balance and coordination</p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Explore and create using a range of equipment. Working well with others on individual and partner challenges.</p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Explore and create using a range of equipment. Working well with others on individual and partner challenges.</p>
Year 1	<p><b>Fit to learn/Fundamentals</b> (30 mins per week) Discover</p> <p><b>Games</b> Throwing, catching &amp; aiming games</p>	<p><b>Conditioning phrases for gymnastics and floor work</b> (30 mins per week)</p> <p><b>Gymnastics-Apparatus</b> Focus: Travelling</p>	<p><b>Fit to learn/Fundamentals – developing playground games</b> (30 mins per week) Discover</p> <p><b>Dance</b> Weather and Seasons</p>	<p><b>Dance</b> (30 mins per week) George and the Dragon</p> <p><b>Gymnastics - Apparatus</b> Focus : Travelling and Balance</p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Bat and ball games</p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Bouncing and dribbling activities</p>
Year 2	<p><b>Fit to learn/Fundamentals</b> (30 mins per week) Developing and consolidating</p> <p><b>Games</b> Sending and receiving</p>	<p><b>Conditioning phrases for gymnastics and floor work</b> (30 mins per week)</p> <p><b>Gymnastics-Apparatus</b> Focus: Balance</p>	<p><b>Fit to learn/Fundamentals – developing playground games</b> (30 mins per week) Developing and consolidating</p> <p><b>Dance</b> Emperor Penguins/March of the penguins/Happy feet</p>	<p><b>Dance</b> (30 mins per week) Great Fire of London</p> <p><b>Gymnastics - Apparatus</b> Balance</p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Bat and ball games</p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Inventing and creating games</p>
Year 3 <i>Swimming all year</i>	<p><b>Fit to learn/Fundamentals</b> (30 mins per week) Generic fundamental skills</p> <p><b>Games</b> Football</p>	<p><b>Conditioning phrases for gymnastics and floor work</b> (30 mins per week)</p> <p><b>Gymnastics - Apparatus</b> Focus: Stretching and curling</p>	<p><b>Fit to learn/Fundamentals – developing playground games</b> (30 mins per week) Generic fundamental skills</p> <p><b>Dance</b> Cha Cha slide</p>	<p><b>Dance / Fitness</b> (30 mins per week)</p> <p><b>Athletics</b></p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Cricket</p>	<p><b>Tennis</b> (30 mins per week)</p> <p><b>Games</b> Hockey/Tennis</p>
Year 4	<p><b>Fit to learn/Fundamentals</b> (30 mins per week) Generic fundamental skills</p> <p><b>Games</b> Basketball</p>	<p><b>Developing leadership through gymnastics</b> (30 mins per week)</p> <p><b>Gymnastics - Apparatus</b> Focus: Rolling</p>	<p><b>Fit to learn/Fundamentals and developing leadership</b> (30 mins per week) Generic fundamental skills</p> <p><b>Dance</b> Pink ‘So what’</p>	<p><b>Outdoor Adventurous Activities</b> Trust games, challenge activities and orienteering linked TOPs cards</p> <p><b>Athletics</b></p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Tennis</p>	<p><b>Tennis</b> (30 mins per week)</p> <p><b>Games</b> Hockey</p>
Year 5	<p><b>Fit to learn</b> (30 mins per week) Fitness Circuits</p> <p><b>Games</b> Netball</p>	<p><b>Developing leadership through gymnastics</b> (30 mins per week)</p> <p><b>Gymnastics - Apparatus</b> Focus: Flight</p>	<p><b>Fit to learn and developing leadership</b> (30 mins per week) Fitness Circuits</p> <p><b>Dance</b> Michael Jackson ‘Thriller’</p>	<p><b>Outdoor Adventurous Activities</b> Trust games, challenge activities and orienteering linked TOPs cards (30 mins per week)</p> <p><b>Athletics</b></p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Cricket</p>	<p><b>Tennis</b> (30 mins per week)</p> <p><b>Games</b> Hockey/Tennis</p>
Year 6	<p><b>Fit to learn</b> (30 mins per week) Fitness Circuits</p> <p><b>Games</b> Tag Rugby</p>	<p><b>Developing leadership through gymnastics</b> (30 mins per week)</p> <p><b>Gymnastics- Apparatus</b> Focus: Counter balance and counter tension</p>	<p><b>Fit to learn and developing leadership</b> (30 mins per week) Fitness Circuits</p> <p><b>Dance</b> Michael Jackson ‘Beat It’</p>	<p><b>Outdoor Adventurous Activities</b> Trust games, challenge activities and orienteering linked TOPs cards (30 mins per week)</p> <p><b>Athletics</b></p>	<p><b>Athletics</b> (30 mins per week)</p> <p><b>Games</b> Cricket</p>	<p><b>Tennis</b> (30 mins per week)</p> <p><b>Games</b> Hockey/Tennis</p>