

Kingsgate Primary School PE Curriculum Map 2016-17

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fit to learn/Fundamentals <i>(30 mins per week)</i> Becoming aware, explore and discover Games Locomotion& stop/start activities. Games involving using space.	Conditioning phrases for gymnastics and floor work <i>(30 mins per week)</i> Gymnastics – Apparatus Focus: Simple movements and using apparatus	Fit to learn/Fundamentals <i>(30 mins per week)</i> Becoming aware, explore and discover Dance Handa's Surprise	Dance <i>(30 mins per week)</i> Gymnastics Focus : Simple movements developing balance and coordination	Athletics <i>(30 mins per week)</i> Games Explore and create using a range of equipment. Working well with others on individual and partner challenges.	Athletics <i>(30 mins per week)</i> Games Explore and create using a range of equipment. Working well with others on individual and partner challenges.
Year 1	Fit to learn/Fundamentals <i>(30 mins per week)</i> Discover Games Throwing, catching & aiming games	Conditioning phrases for gymnastics and floor work <i>(30 mins per week)</i> Gymnastics-Apparatus Focus: Travelling	Fit to learn/Fundamentals – developing playground games <i>(30 mins per week)</i> Discover Dance Weather and Seasons	Dance <i>(30 mins per week)</i> George and the Dragon Gymnastics - Apparatus Focus : Travelling and Balance	Athletics <i>(30 mins per week)</i> Games Bat and ball games	Athletics <i>(30 mins per week)</i> Games Bouncing and dribbling activities
Year 2	Fit to learn/Fundamentals <i>(30 mins per week)</i> Developing and consolidating Games Sending and receiving	Conditioning phrases for gymnastics and floor work <i>(30 mins per week)</i> Gymnastics-Apparatus Focus: Balance	Fit to learn/Fundamentals – developing playground games <i>(30 mins per week)</i> Developing and consolidating Dance Emperor Penguins/March of the penguins/Happy feet	Dance <i>(30 mins per week)</i> Great Fire of London Gymnastics - Apparatus Balance	Athletics <i>(30 mins per week)</i> Games Bat and ball games	Athletics <i>(30 mins per week)</i> Games Inventing and creating games
Year 3 <i>Swimming all year</i>	Fit to learn/Fundamentals <i>(30 mins per week)</i> Generic fundamental skills Games Football	Conditioning phrases for gymnastics and floor work <i>(30 mins per week)</i> Gymnastics - Apparatus Focus: Stretching and curling	Fit to learn/Fundamentals – developing playground games <i>(30 mins per week)</i> Generic fundamental skills Dance Cha Cha slide	Dance / Fitness <i>(30 mins per week)</i> Athletics	Athletics <i>(30 mins per week)</i> Games Cricket	Tennis <i>(30 mins per week)</i> Games Hockey/Tennis
Year 4	Fit to learn/Fundamentals <i>(30 mins per week)</i> Generic fundamental skills Games Basketball	Developing leadership through gymnastics (30 mins per week) Gymnastics - Apparatus Focus: Rolling	Fit to learn/Fundamentals and developing leadership <i>(30 mins per week)</i> Generic fundamental skills Dance Pink 'So what'	Outdoor Adventurous Activities Trust games, challenge activities and orienteering linked TOPs cards Athletics	Athletics <i>(30 mins per week)</i> Games Tennis	Tennis <i>(30 mins per week)</i> Games Hockey
Year 5	Fit to learn <i>(30 mins per week)</i> Fitness Circuits Games Netball	Developing leadership through gymnastics (30 mins per week) Gymnastics - Apparatus Focus: Flight	Fit to learn and developing leadership <i>(30 mins per week)</i> Fitness Circuits Dance Michael Jackson 'Thriller'	Outdoor Adventurous Activities Trust games, challenge activities and orienteering linked TOPs cards <i>(30 mins per week)</i> Athletics	Athletics <i>(30 mins per week)</i> Games Cricket	Tennis <i>(30 mins per week)</i> Games Hockey/Tennis
Year 6	Fit to learn <i>(30 mins per week)</i> Fitness Circuits Games Tag Rugby	Developing leadership through gymnastics (30 mins per week) Gymnastics- Apparatus Focus: Counter balance and counter tension	Fit to learn and developing leadership <i>(30 mins per week)</i> Fitness Circuits Dance Michael Jackson 'Beat It'	Outdoor Adventurous Activities Trust games, challenge activities and orienteering linked TOPs cards <i>(30 mins per week)</i> Athletics	Athletics <i>(30 mins per week)</i> Games Cricket	Tennis <i>(30 mins per week)</i> Games Hockey/Tennis